

## Privacy Policy

**Last Updated:** May 8, 2026

**Spirit One Business Consulting Inc** is committed to protecting your privacy. This Privacy Policy explains how we collect, use, and safeguard your information when you visit our website or engage with our consulting services, including via SMS.

### 1. Information We Collect

We may collect personal information such as your name, email address, and phone number when you voluntarily provide it through our contact forms or when signing up for our services.

### 2. How We Use Your Information

We use your information to provide business consulting services, respond to inquiries, and send administrative or promotional communications.

### 3. SMS Messaging & Consent

If you opt-in to receive SMS messages from Spirit One Business Consulting Inc, we will use your mobile number to send service updates, meeting reminders, and marketing communications related to your consulting projects.

- **Opt-In:** You can opt-in via our website forms by checking the optional SMS consent box.
- **Opt-Out:** You can cancel the SMS service at any time. Just text "**STOP**" to our phone number. After you send the SMS message "STOP" to us, we will send you an SMS message to confirm that you have been unsubscribed.
- **Help:** If you are experiencing issues with the messaging program you can reply with the keyword "**HELP**" for more assistance.

### 4. Mobile Data Privacy (Carrier Requirement)

**No mobile information will be shared with third parties or affiliates for marketing or promotional purposes. All the above categories exclude text messaging originator opt-in data and consent; this information will not be shared with any third parties.**

### 5. Third-Party Sharing

We do not sell, rent, or lease our customer lists to third parties. We may share data with trusted partners to help perform statistical analysis, send you email or postal mail, or provide customer support. All such third parties are prohibited from using your personal information except to provide these services to Spirit One Business Consulting Inc.

### 6. Contact Us

**Spirit One Business Consulting Inc:** 2302 Nash St N Suite 314 Wilson, North Carolina 27896, Email Address: [hello@spiritonebc.com](mailto:hello@spiritonebc.com), Phone 866-280-5995

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